

First Name

Last Name

Address

City

State/ Zip

Cell Number

Email

**Please Circle Year**

1993 1994 1995 1996

1997 1998 1999

2000 2001 2002 2003



Defenseman  
Camp  
2011

July 9 & 10th

Colorado Sports  
Center



16240 Old Denver Hwy  
Monument, CO 80132  
(719) 487-8572

## Dates:

- July 9 & 10<sup>th</sup>
- 12:30 pm – 2pm

## Coaches:

- Al Pedersen
- Dave Fromm
- Hal Jordan

We will be working on skills and drills designed specifically for defenseman

- One on One Confrontations
- D Zone containment
- D Zone Breakouts
- Neutral Zone Gap Control
- Skating



## *For Information:*

Dave Fromm

dangl77@yahoo.com

## Cost:

❖ \$50

## How to Register:

- ❖ Fill out registration, per player
- ❖ Please bring check to rink: